## | by Candace Walsh | photos by Melyssa Holik



## One of my least favorite

pregnancy memories: barfing under the slide at the park while my daughter clambered above, happily unaware. A ① Morning Chicness bag would have come in handy-they're just like motion-sickness bags, but girly (www.morningchicnessbags. com). 2 Utterly Yours' pregnancy pillow of eco memory foam buttons up into a tidy cube when not in use (www.utterlyyours. *com*). Fair-trade ③ Suubi necklaces are made by Ugandan women from upcycled paper and beads, and can serve as labor and nursing beads down the line (www. suubiafrica.com). Maintaining highlights is a no-no when pregnant, but you can brush on nontoxic, cream-blush-textured ④ MimicColor to soften the growing-in period (www.mimiccolor.com). It washes out with your next shampoo.

When you get that second-trimester energy boost, avail yourself of the following: the sassy (5) BornFit Maternity Wilder Skort (www.bornfit.com) and <sup>(6)</sup> New Balance NB 170 eco sneakers (www.newbalance.com). () Liberator's Wedge/Ramp combo increases your options of staying intimate with your partner: Use it to avoid lying flat on your back, which can increase pressure on vour aorta (www.romance *betweenthelines.com*). And at every opportunity, slather on organic 
SheaTerra Bourbon Vanilla body butter to nourish your stretching skin (www. sheaterraorganics.org). Pocket Dots keep your jeans attached to your shirt or pregnancy

band at a time when clothes tend to ride up or sag (*www.pocketdots. com*). Liddell Laboratories offers <sup>(i)</sup> oral homeopathic sprays for pregnancy, delivery support, and postpartum mood support (*www.liddell.net*). Get crafty and save money; Little Comet Tails is a mom-owned business (*www.littlecomet tails.com*) that provides <sup>(1)</sup> patterns for baby clothes and cloth diapers. In the kitchen, lower your chemical load with <sup>(1)</sup> Seventh Generation Dishwasher Pacs (*www.seventhgeneration.com*).

A new big brother or sister might like an 🗊 "I'm a Big Kid" blanket by Lilitah, a company that distinguishes itself by embroidering on its blankets healing affirmations in the form of symbols (www.lilitah. com). This struck me as a little out-there. but I got one for my son's naptime, and within a few days his teacher asked me, "What changed? He's so much more cooperative and happy at school now." Cuddly, customizable (14) baby dolls by Bamboletta come with a flannel diaper and velour pajamas (www.bamboletta.com). Your older child can record baby's first home movies with her own kid-friendly (5) Crayola camcorder (www.amazon.com).

Keep baby close in the 16 UV Moby Wrap, which filters out the sun's rays. You can order organic 
 BabyLegs leggings to match (www.mobywrap.com). The (18) Kokopax baby carrier is lightweight and comes in six fabrics with matching diaper bags (www.kokopax.com). Go natural with cloth diapers and wipes like 19 Swaddlebees' all-in-one hybrid pocket diaper (www.modernmommygear.com) and the Prince Lionheart Wipes Warmer (www. *princelionheart.com*), which comes with reusable bamboo wipes. 21 LüSa Organics' Baby Wipe Juice concentrate imbues your cloth wipes with witch hazel, aloe vera, calendula, and essential oils (www.lusa

organics.com). The <sup>(2)</sup> Hygeia EnJoye breast pump is professional-grade and green: It can be shared among or passed along to other mothers (*www.hygeiababy.com*).

<sup>(2)</sup> Handmade Baby Books, made by a work-at-home mom-and-pop duo, are fully customizable—each book is one of a kind. Choose pages that correspond to your family's experience: home or hospital birth, adoption, mom and dad, mom and mom, dad and dad, single parent. Adriane Bovone's elegantly whimsical artwork adorns each page, and each cover is unique (www.handmadebabybook.com). Robbie Adrian's 🛯 silk-edged lovey of organic cotton is so soft that I want one for myself (www.robbieadrian.com). Sewn-Natural makes colorful organic-cotton 23 baby quilts and offers them at Etsy.com. Also available at Etsy are winsome, handmade 26 photo mats by Felted Fanatic: Slide a picture in and let baby squeeze, snuggle, tug, and teethe on this natural mat, which has lots of enticing ribbon tabs. Keep those tiny tootsies warm in baby 27 Warmbats, eco-friendly sheepskin booties from Down Under (www.warmbat. *com*)—or go low-profile with <sup>28</sup> Baberoo organic Hip Socks (www.baberoo.com). And when baby's pearly whites begin to descend, have a 🗐 RockLovePeace teether ready; they're made from LEED-certified cherrywood and finished with organic beeswax (www.rocklovepeace.com).



Candace Walsh, mama to Honorée and Nathaniel, is Mothering's features editor and product reviewer.

